Thank you for calling Local 1262's Information Hotline. This is the latest update from President Harvey Whille as of Friday, June 30. This hotline is updated here and on our website

-- <u>www.ufcw1262.org --</u>every Friday morning and more frequently as needed to ensure our members are fully informed.

Summer is officially here and with that you may be planning weekend getaways or a vacation. When making your plans, please take a few minutes to prepare ahead of time for emergencies by making a list of the In-Network Urgent Care Centers or Hospitals that are nearest to your destination.

You can find In-Network Providers by visiting www.horizonblue.com, then select "search Nationally".

Remember if you use an out-of-network provider – even when travelling – your claim may not be covered under your insurance.

You should also familiarize yourself with the difference between what situations require Emergency Room care and what can be handled at an Urgent Care Center. When your illness or injury is not severe you should utilize an in-network Urgent Care Center. These Centers are equipped to handle basic urgent care and minor illnesses and injuries quickly; are typically open in the evenings and on weekends and can provide similar treatment to an emergency room for non-emergency situations. Visit www.1262funds.org for a Quick Reference Chart and more information.

And don't forget that Local 1262 has an Assistant Field Director for Benefits, Betty Laughery, who can help you navigate out-of-the ordinary health insurance problems such as denied coverage. Betty travels daily with our Union Representatives visiting stores and meeting with members to resolve their problems. If you have a health & welfare issue that cannot be resolved through our Funds Office, you can call your Union Rep or contact Betty directly at 973-777-3700, extension 1915.

Our Health & Welfare Liaison Program is just another service to our members that goes beyond your contractually negotiated benefits like health and welfare and pension plans.

That concludes this hotline. As always, it is truly an honor and a privilege to serve as your President.

Concerns At Your Workplace?

Contact your Union Representative at 1-800-562-6913 (from New Jersey)

or 1-800-526-7814 (from other states).

We are here for you seven days a week.

Please ask your fellow Local 1262 Brothers and Sisters to join Local 1262's texting program. Simply text UPDATES1262 to 83071. FOR WEBSITE ADD: You can also listen to this message by calling Local 1262's Information Hotline at 888-438-1262.